

Wettkampf 28 - 400m Freistil männlich**Pflichtzeiten**

2010: 05:10,00 2009: 05:00,00 2008: 04:50,00 2007: 04:40,00 2005 bis 2006: 04:35,00 2004 und älter: 04:30,00

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Michael Volkov	2010	W98 Hannover	04:18,09
	100m: 01:00,25 (01:00,25) 200m: 02:06,08 (01:05,83) 300m: 03:12,68 (01:06,60)			
	400m: 04:18,09 (01:05,41)			
2.	Levi Heuer	2010	SSG Braunschweig	04:44,15
	100m: 01:07,44 (01:07,44) 200m: 02:19,91 (01:12,47) 300m: 03:32,27 (01:12,36)			
	400m: 04:44,15 (01:11,88)			
3.	Simon Brune	2010	VfL Osnabrück	05:05,32
	100m: 01:12,34 (01:12,34) 200m: 02:28,85 (01:16,51) 300m: 03:47,63 (01:18,78)			
	400m: 05:05,32 (01:17,69)			
4.	Jonas Windgassen	2010	MTV Goslar	05:07,88
	100m: 01:12,96 (01:12,96) 200m: 02:31,16 (01:18,20) 300m: 03:50,82 (01:19,66)			
	400m: 05:07,88 (01:17,06)			
5.	Thilo Wellem	2010	VfL Osnabrück	05:08,70
	100m: 01:13,29 (01:13,29) 200m: 02:30,27 (01:16,98) 300m: 03:49,04 (01:18,77)			
	400m: 05:08,70 (01:19,66)			

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Jano Schröder	2009	Waspo Nordhorn	04:05,78
	100m: 00:57,42 (00:57,42) 200m: 02:00,89 (01:03,47) 300m: 03:04,22 (01:03,33)			
	400m: 04:05,78 (01:01,56)			
2.	Luis Kühn	2009	TSV Pattensen	04:11,92
	100m: 00:58,08 (00:58,08) 200m: 02:02,97 (01:04,89) 300m: 03:09,09 (01:06,12)			
	400m: 04:11,92 (01:02,83)			
3.	Frederik Knäuper	2009	VfL Osnabrück	04:25,87
	100m: 01:03,69 (01:03,69) 200m: 02:11,08 (01:07,39) 300m: 03:19,08 (01:08,00)			
	400m: 04:25,87 (01:06,79)			
4.	Frederik Schöne	2009	SSG Braunschweig	04:28,80
	100m: 01:02,18 (01:02,18) 200m: 02:11,15 (01:08,97) 300m: 03:21,01 (01:09,86)			
	400m: 04:28,80 (01:07,79)			
5.	Ayberk Mollaoglu	2009	W98 Hannover	04:31,84
	100m: 01:03,38 (01:03,38) 200m: 02:12,69 (01:09,31) 300m: 03:22,98 (01:10,29)			
	400m: 04:31,84 (01:08,86)			
6.	Tim Oberbeck	2009	VfV Hildesheim	04:37,75
	100m: 01:02,66 (01:02,66) 200m: 02:13,57 (01:10,91) 300m: 03:25,32 (01:11,75)			
	400m: 04:37,75 (01:12,43)			
7.	Julius Buschmann	2009	TuS Blau-Weiß Lohne	04:42,67
	100m: 01:06,22 (01:06,22) 200m: 02:09,45 (01:03,23) 300m: 03:33,31 (01:23,86)			
	400m: 04:42,67 (01:09,36)			
8.	Jannes Löcken	2009	Waspo Nordhorn	04:46,03
	100m: 01:06,08 (01:06,08) 200m: 02:18,40 (01:12,32) 300m: 03:33,34 (01:14,94)			
	400m: 04:46,03 (01:12,69)			
9.	Ole Koenigs	2009	TSV Otterndorf	04:59,99
	100m: 01:08,64 (01:08,64) 200m: 02:25,67 (01:17,03) 300m: 03:44,63 (01:18,96)			
	400m: 04:59,99 (01:15,36)			

noch Wettkampf 28 - 400m Freistil männlich**Jahrgang 2008**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Leon-Maurice Wilhelms	2008	W98 Hannover	04:09,79
	100m: 00:58,10 (00:58,10) 200m: 02:01,17 (01:03,07) 300m: 03:05,62 (01:04,45)			
	400m: 04:09,79 (01:04,17)			
2.	Jan Daweke	2008	VfL Osnabrück	04:24,75
	100m: 01:02,10 (01:02,10) 200m: 02:09,21 (01:07,11) 300m: 03:17,10 (01:07,89)			
	400m: 04:24,75 (01:07,65)			
3.	Julian Kestel	2008	VfL Osnabrück	04:38,30
	100m: 01:05,13 (01:05,13) 200m: 02:15,50 (01:10,37) 300m: 03:26,59 (01:11,09)			
	400m: 04:38,30 (01:11,71)			
	<u>abgemeldet</u>			
	Johann Wirries	2008	SG RethenSarstedt	

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjahrgangsmeister	Daniel Olenberg	2007	VfL Osnabrück	03:56,02
	100m: 00:56,26 (00:56,26) 200m: 01:56,41 (01:00,15) 300m: 02:56,97 (01:00,56)			
	400m: 03:56,02 (00:59,05)			
2.	Niklas Meyer	2007	Delmenhorster SV 1905	04:22,27
	100m: 01:00,90 (01:00,90) 200m: 02:08,48 (01:07,58) 300m: 03:16,58 (01:08,10)			
	400m: 04:22,27 (01:05,69)			
3.	Enno Brahms	2007	Wardenburger SC	04:25,93
	100m: 01:00,77 (01:00,77) 200m: 02:09,03 (01:08,26) 300m: 03:17,70 (01:08,67)			
	400m: 04:25,93 (01:08,23)			
4.	Julian Weltzien	2007	VfV Hildesheim	04:26,41
	100m: 01:01,07 (01:01,07) 200m: 02:09,32 (01:08,25) 300m: 03:18,91 (01:09,59)			
	400m: 04:26,41 (01:07,50)			

Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesjuniorenmeister	Valentin Hauptmann	2006	W98 Hannover	04:01,32
	100m: 00:56,31 (00:56,31) 200m: 01:56,76 (01:00,45) 300m: 02:58,95 (01:02,19)			
	400m: 04:01,32 (01:02,37)			
2.	Paul Grewe	2005	SSG Braunschweig	04:29,58
	100m: 01:02,36 (01:02,36) 200m: 02:11,48 (01:09,12) 300m: 03:21,36 (01:09,88)			
	400m: 04:29,58 (01:08,22)			

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Landesmeister	Daniel Olenberg	2007	VfL Osnabrück	03:56,02
	100m: 00:56,26 (00:56,26) 200m: 01:56,41 (01:00,15) 300m: 02:56,97 (01:00,56)			
	400m: 03:56,02 (00:59,05)			
2.	Valentin Hauptmann	2006	W98 Hannover	04:01,32
	100m: 00:56,31 (00:56,31) 200m: 01:56,76 (01:00,45) 300m: 02:58,95 (01:02,19)			
	400m: 04:01,32 (01:02,37)			

noch Wettkampf 28 - 400m Freistil männlich**noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
3.	Jano Schröder 100m: 00:57,42 (00:57,42) 200m: 02:00,89 (01:03,47) 300m: 03:04,22 (01:03,33) 400m: 04:05,78 (01:01,56)	2009	Waspo Nordhorn	04:05,78
4.	Leon-Maurice Wilhelms 100m: 00:58,10 (00:58,10) 200m: 02:01,17 (01:03,07) 300m: 03:05,62 (01:04,45) 400m: 04:09,79 (01:04,17)	2008	W98 Hannover	04:09,79
5.	Luis Kühn 100m: 00:58,08 (00:58,08) 200m: 02:02,97 (01:04,89) 300m: 03:09,09 (01:06,12) 400m: 04:11,92 (01:02,83)	2009	TSV Pattensen	04:11,92
6.	Marco Laborius 100m: 00:58,23 (00:58,23) 200m: 02:02,09 (01:03,86) 300m: 03:08,34 (01:06,25) 400m: 04:15,11 (01:06,77)	2000	SSG Braunschweig	04:15,11
7.	Jakob Mayer 100m: 00:59,13 (00:59,13) 200m: 02:04,35 (01:05,22) 300m: 03:11,49 (01:07,14) 400m: 04:17,50 (01:06,01)	2004	ASC Göttingen von 1846 e.V.	04:17,50
8.	Michael Volkov 100m: 01:00,25 (01:00,25) 200m: 02:06,08 (01:05,83) 300m: 03:12,68 (01:06,60) 400m: 04:18,09 (01:05,41)	2010	W98 Hannover	04:18,09
9.	Niklas Meyer 100m: 01:00,90 (01:00,90) 200m: 02:08,48 (01:07,58) 300m: 03:16,58 (01:08,10) 400m: 04:22,27 (01:05,69)	2007	Delmenhorster SV 1905	04:22,27
10.	Jan Daweke 100m: 01:02,10 (01:02,10) 200m: 02:09,21 (01:07,11) 300m: 03:17,10 (01:07,89) 400m: 04:24,75 (01:07,65)	2008	VfL Osnabrück	04:24,75
11.	Frederik Knäuper 100m: 01:03,69 (01:03,69) 200m: 02:11,08 (01:07,39) 300m: 03:19,08 (01:08,00) 400m: 04:25,87 (01:06,79)	2009	VfL Osnabrück	04:25,87
12.	Enno Brahms 100m: 01:00,77 (01:00,77) 200m: 02:09,03 (01:08,26) 300m: 03:17,70 (01:08,67) 400m: 04:25,93 (01:08,23)	2007	Wardenburger SC	04:25,93
13.	Julian Weltzien 100m: 01:01,07 (01:01,07) 200m: 02:09,32 (01:08,25) 300m: 03:18,91 (01:09,59) 400m: 04:26,41 (01:07,50)	2007	VfV Hildesheim	04:26,41
14.	Frederik Schöne 100m: 01:02,18 (01:02,18) 200m: 02:11,15 (01:08,97) 300m: 03:21,01 (01:09,86) 400m: 04:28,80 (01:07,79)	2009	SSG Braunschweig	04:28,80
15.	Paul Grewe 100m: 01:02,36 (01:02,36) 200m: 02:11,48 (01:09,12) 300m: 03:21,36 (01:09,88) 400m: 04:29,58 (01:08,22)	2005	SSG Braunschweig	04:29,58
16.	Ayberk Mollaoglu 100m: 01:03,38 (01:03,38) 200m: 02:12,69 (01:09,31) 300m: 03:22,98 (01:10,29) 400m: 04:31,84 (01:08,86)	2009	W98 Hannover	04:31,84
17.	Tim Oberbeck 100m: 01:02,66 (01:02,66) 200m: 02:13,57 (01:10,91) 300m: 03:25,32 (01:11,75) 400m: 04:37,75 (01:12,43)	2009	VfV Hildesheim	04:37,75
18.	Julian Kestel 100m: 01:05,13 (01:05,13) 200m: 02:15,50 (01:10,37) 300m: 03:26,59 (01:11,09) 400m: 04:38,30 (01:11,71)	2008	VfL Osnabrück	04:38,30
19.	Julius Buschmann 100m: 01:06,22 (01:06,22) 200m: 02:09,45 (01:03,23) 300m: 03:33,31 (01:23,86) 400m: 04:42,67 (01:09,36)	2009	TuS Blau-Weiß Lohne	04:42,67

noch Wettkampf 28 - 400m Freistil männlich**noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
20.	Levi Heuer	2010	SSG Braunschweig	04:44,15
	100m: 01:07,44 (01:07,44) 200m: 02:19,91 (01:12,47) 300m: 03:32,27 (01:12,36)			
	400m: 04:44,15 (01:11,88)			
21.	Jannes Löcken	2009	Waspo Nordhorn	04:46,03
	100m: 01:06,08 (01:06,08) 200m: 02:18,40 (01:12,32) 300m: 03:33,34 (01:14,94)			
	400m: 04:46,03 (01:12,69)			
22.	Ole Koenigs	2009	TSV Otterndorf	04:59,99
	100m: 01:08,64 (01:08,64) 200m: 02:25,67 (01:17,03) 300m: 03:44,63 (01:18,96)			
	400m: 04:59,99 (01:15,36)			
23.	Simon Brune	2010	VfL Osnabrück	05:05,32
	100m: 01:12,34 (01:12,34) 200m: 02:28,85 (01:16,51) 300m: 03:47,63 (01:18,78)			
	400m: 05:05,32 (01:17,69)			
24.	Jonas Windgassen	2010	MTV Goslar	05:07,88
	100m: 01:12,96 (01:12,96) 200m: 02:31,16 (01:18,20) 300m: 03:50,82 (01:19,66)			
	400m: 05:07,88 (01:17,06)			
25.	Thilo Wellem	2010	VfL Osnabrück	05:08,70
	100m: 01:13,29 (01:13,29) 200m: 02:30,27 (01:16,98) 300m: 03:49,04 (01:18,77)			
	400m: 05:08,70 (01:19,66)			